



THE 15-MINUTE VEGETARIAN GOURMET: More Than 100 Succlent & Healthy Meat-Free Dishes

By Mitchell, Paulette

Collier/Macmillan, New York, NY, 1992. Soft Cover. Book Condition: NEW. Barbara Fiore; Mary Garrity (Illustrators) (illustrator). First Edition, 6th Printing. BRAND NEW COPY. Well regarded vegetarian cuisine requiring but 15-minutes "from scratch", that is kitchen, to table. Recipes are meatless, and will enhance and complements meals of non-vegetarians as well. Text, illustrated with line drawings, in 9 chapters: 1, The Vegetarian Cook; 2, Basics; 3, Appetizers; 4, Soups; 5, Salads; 6, Entrees; 7, Deserts; 8, The Vegetarian Entertainer; and 9, How to Plan a Vegetarian Meal.



Reviews

I actually started looking over this publication. It really is rally interesting through studying period. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- Dana Hintz

Good electronic book and valuable one. It really is basic but unexpected situations in the 50 percent in the pdf. You wont really feel monotony at at any moment of your time (that's what catalogues are for concerning when you ask me).

-- Elisa Reinger

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